

# 2016

East Valley
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## **TABLE OF CONTENTS**

East Valley Rocks AA Jeopardy 3 Attitude of Gratitude **Announcements** 4 Anniversaries 5 Got Service? 6 Managers Report 7 Group Contributions 8 Treasurer's Report 10 & 11 **EVI Minutes** I'm Not Wr-!

If you are looking for something to criticize in this newsletter you will probably find it.

We aim to please everyone!

# NO BOOZE NEWS

## The Beauty of Tradition Ten—Outside Debates Stay Outside

Sobriety in AA is the first thing in my life that has really worked. I'm especially grateful for Tradition Ten, where it is suggested that AA groups never get involved in the messy business of debating outside issues. The wonderful "extra" implied by this Tradition is that I, as an individual recovering alcoholic, am free to simply enjoy sobriety in AA, without having to defend my position on any outside issue.

You see, I grew up in the sixties. I lived with my parents (one alcoholic, one social drinker) who were closely associated with a small, left-wing, private college in the Northeast. It was a school where expressing your opinions in public was very important. On campus, where I hung out as a 13-year-old, I heard lots of angry rhetoric about Vietnam, civil rights, and a lot else. My parents brought the same kind of political anger home with them, and challenged me to come up with informed positions on the same issues. I was only an eighth grader, but I was expected to engage in adult-style discussions. If I didn't have an opinion on the issue at hand, I was considered a failure or a nonthinker.

Looking back, it was probably great training for a future alcoholic. I got very good at hiding the things I was truly ashamed of (especially the amount I drank), using a smoke screen of vaguely directed political opinion.

As my disease progressed, I was often broke, unemployed, hungover, and in need of a place to stay. Usually, my parents would take me in, and for months at a time I'd live at home, trying to get my act together. Deep down inside I knew I was sick and crazy from booze. But at the time, dealing with it was too frightening. It was easier to engage my parents in a petty debate over some global issue beyond our control than to draw attention to the real reason I was out of work.

Today, I'm sober and grateful for what it was like, what happened, and what it's like now. I'm even grateful to my parents, who put up with me as an active alcoholic. But I'm especially grateful to the alcoholics who founded this Fellowship and gave us the guidelines by which we run our groups. Tradition Ten frees AAs to concentrate on what we have in common—recovery, unity, service—rather than waste time debating outside issues.

Matt F., Brooklyn, N.Y. Reprinted with permission of the Grapevine Oct 2012



An exciting time was had at the Arizona State Convention this year. District 08 did a spectacular job hosting the event with great speakers, long timers and workshops. Of particular fun was an AA rendition of Jeopardy. Categories of "Steps, Traditions, Trivia, Big Book & World Service" with various levels of difficulty were in play. Three rounds of 3 players each with the winner of each round going to the championship.

The game took off like a herd of turtles and the first round ended in a tie. Not to worry though, a one question playoff settled the score. The minds were melting down, sweat was pouring out as round 2 finished in a flash. As more people came into the room, the competition elevated and the 3<sup>rd</sup> round was as rough as a barbed wire bathtub.

Finally, the championship round, which was comprised of the winners from the 3 previous rounds, was underway. The big dogs were in the hunt and much to our surprise, all of them were from the east valley. The "CHAMPION" was awarded a 1 year subscription to the grapevine.

The game was fun and educational. If you ever have the chance to play it or to watch it, do so. But remember. Them that questions might seem easy, but when you are under the bright lights and on a timer, ain't nothin' simple.



-Anonymous

## **Traditions Checklist**

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

- 1. Do I ever give the impression that there really *is* an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- 2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
- 3. What in AA history gave rise to our Tenth Tradition?
- 4. Have I had a similar experience in my own AA life?
- 5. What would AA be without this Tradition? Where would I be?
- 6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- 7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?



# EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



# Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

	EY INTERGROUP — Gratit rn to:     1320 E. Broadway R		With Service form <i>revised 2/09</i> uite 105 Mesa, AZ 85204
(480) 827-1905 <i>e-maik</i> info@aamesaaz.org www.aamesaaz.org			z.org www.aamesaaz.org
Date *Fi	rst Name		Last
Address			*Phone
*City	*\$T	*Zip_	p *Gender
*Sobriety Date	Home Group		
e-mail address			Alt Phone
[] <i>No</i>	* = required for listi  Booze News Subscription / Renewal	-	•
Volunteer Service Options		Ī	Committees of Interest
Check only those you are willing to commit time to			Check only those you are willing to serve on
12 <sup>th</sup> Step List Volunteer	Phones Night & Weekend	[] Po	Public Information / Cooperation with the
[] Weeknights	[] Weekends	Pı	Professional Community
[] Weekends	[] Weeknights	[] \$p	Special Events
[] Weekdays		[] Li	Literature
			Newsletter (No Booze News)
[] Office Phone	: Volunteer		Unity Committee
[] Other Office Help		[] D	Deliver A Meeting

# Group, District, and Area AA Announcements



# Page 4

### ROUNDUPS, CAMPOUTS AND CONFERENCES

#### **ROCKY POINT ROUNDUP**

OCTOBER 21 ~ 23 SONORAN SEA RESORT PUERTO PENASCO MX

### LAKE PLEASANT ROUNDUP

OCTOBER 28 ~ 30 LAKE PLEASANT AZ

#### APACHE LAKE CAMPOUT

NOVEMBER 4 ~ 6

APACHE LAKE MARINA AND RESORT

APACHE LAKE AZ.



#### LAKE HAVASU ROUNDUP

NOVEMBER 4 ~ 6 LONDON BRIDGE RESORT 1477 QUEENS BAY LAKE HAVASU AZ.



### YUMA ROUNDUP

FEBRUARY 17 ~ 19 LOCATION TBD YUMA, AZ

## 08-819 Eat N Greet Speaker Meeting

5pm to 9pm October 15, 2016 805 N Country Club Dr. Mesa Please bring a dish to share.

## 08-820 Qtrly Potluck and Speaker Mtg

5:30pm to 8:30pm Satuday, October 22, 2016 1050 W Superstition Blvd. AJ

### EVI DAY OF SERVICE

SATURDAY, OCTOBER 22ND

3:00p - 5:00p Service committee presentations

5:30p Dinner

7:00p Speaker

805 N COUNTRY CLUB DR. MESA

# MESA ROUNDUP MONSTER MASH DANCE

Saturday, October 29th
15 West 1st Ave, Mesa AZ 85210
5:30 Eat, Meet & Greet—\$5 Food
7:00 Speaker—Mr. Terry M.
Costume Contest for Kids & Adults
8:00—DJ Ronstro \$5 donation
50/50 Raffle & Prizes

## GET IT TOGETHER'S FALL PICNIC

11am to 5pm Sunday, October 9th 660 N Desert Breeze Park, Chandler Mesquite Pavillion (SW corner) Bring a dish to share!

## **Area 03 November Assembly**

Saturday, November 5th 2016 34605 N Scottsdale Rd.



# **Sobriety Anniversaries**



		110
Name	Date	Day
Dick Y Thomas S	10/3/19/3	10706
Larry R	10/17/1901	12054
Pat S		
Lenay L		
George D	10/7/1904	11688
Louise G	10/25/108/	11688
Shap W	10/18/1985	11323
Harry L	10/28/1985	11323
Jim S	10/10/1986	10958
Lynne S.		
BJ W		
Pat P	10/18/1987	10593
Shirley B	10/8/1988	10227
Michael C	10/31/1988	10227
George P		
Denis W		
John S		
Lucy W	10/11/1995	7671
Juanita A	10/28/1995	7671
Lisa B		
Dave H		
Gordon R		
Dennis R	10/23/1998	6575
Dan D		
Rebecka L		
Dana T		
Cheryl Z	10/28/2000	5844
Bruce S		
Danny S	10/22/2001	5479
Judy O.	10/4/2003	4749
Mike PVictor V	10/9/2003	4202
Kristina F.		
Shelby T.		
Archie T.	10/1/2003	3653
Erica M.		
Katie S		
Robert S.	10/13/2008	2922
William W		
Nathan U.		
Sherry B.		
Vida J		
Michael S		
Melanie C		
Peggy J		
Skip P	10/10/2010	2192
Adrian M	10/21/2010	2192
Jerry C	10/25/2010	2192
Claire C	10/27/2010	2192
Jeff K	10/27/2010	2192
April T	10/28/2010	2192
Ron N.	10/21/2011	1827
Sasha M	10/2/2012	1461
Peggy K	10/21/2012	1461
Gussie O	10/27/2012	1461
Paul B		
Sue H	10/8/2013	1096
Jack B		
Seamus O	10/16/2015	366
Adam K		
Angie G	10/29/2015	366

# **Usefully Whole**

I believe there is a correlation between my peace of mind and my efforts at Step Twelve. If peace and serenity are what I am seeking, what is it I am willing to do? The destruction of self comes at a price. I have to participate in my own recovery through prayer, through self-sacrifice and through service to others. Perhaps the heart of Step Twelve is the word "tried." For nearly each problem presented in the Big Book, a solution is also given. Trust God. Clean house. Help others. These are our mantras. Repeatedly in my sobriety, when I have tried to carry the message of AA to another suffering alcoholic, sober or drunk, I have been amazingly lifted up. Perhaps it is because I am aligning myself with a mission of service or purpose, as outlined by those who came before me. Early on in my sobriety, I was sponsored into service. What was made clear to me was that my wanting to do what was being asked was not required. These actions of AA saved me numerous times when the demons of my mind began to attack me, to tear me down and keep me small.

When I came into the rooms of Alcoholics Anonymous, I did not have much to give and less of anything anyone wanted. Rotten was going out and rotten was coming back. The seeds I was sowing were those of selfishness, resentment, fear and dishonesty. My thoughts were either on yesterday, which often led to "pitiful and incomprehensible demoralization," or tomorrow, which often meant fear. One analogy I connected with early on in sobriety was that of the orange. What comes out of an orange when we squeeze it? Why, orange juice, of course. And the reason orange juice comes out is because that is what is inside. It does not matter if I smash it with my hands or a hammer, squeeze it into a vise, cut it open with a knife, or drive over it with my car-orange juice comes out because that is what is inside. And so it is with me. If I am reacting with fear, selfishness, resentment and dishonesty, it is because that is what is inside me. It has nothing to do with what is outside of me, and everything to do with what is inside of me. Amazingly, as I tried to practice the principles of our program, what began to flow from me were courage, other-centeredness, love and honesty. Ultimately, I began to feel usefully whole, as is promised. Our twelfth suggestion is all about showing up. We get to try to carry this message with another alcoholic. We get the "privilege" of working with others. For me, it meant the difference between a good life and a great life.

Mark S.

Tempe, AZ Reprinted with permission of the Grapevine

## PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

Mike C.

# EVI Phone Workshop



Third Friday's at 6:15 pm

Before the monthly business meeting at 1125 N Dobson Rd

Antioch Community Church

Or

## Workshops can also be done at your Group!



For more information

Call

Tamara L.

# EVI Sponsorship Workshop

10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Mary R.

HOST GROUP SCHEDULE

November 2nd ~ East Valley Men's

Join the Newly Re-Organized **EVI Unity Committee** 

Meeting at 6:15pm Every 3rd Friday
Antioch Community Church
1125 N. Dobson Rd Chandler
Contact Larry S.

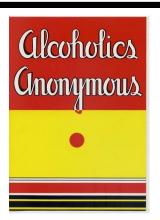
# Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific times and days.

480-834-9033

\*\*\* Regular shifts available now\*\*\*



## **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
Antioch Community Church
1125 N Dobson Rd Chandler
contact: Andrea M.

# **EVI Monthly Speaker Meeting**

1st Friday of Every Month

Meeting Now At 7:30pm

Antioch Community Church

1125 North Dobson Road, Chandler

# October 7th— Sunset Group

November 4th - Gilbert Gals

These are subject to change - so keep watching.

# Central Office Manager's Report September 16, 2016

We received 505 requests for information and assistance last month. Of those 146 calls were for meeting info, 142 were office visitors and 10 resulted in a 12 step call. Our website stays busy too, It had 24.832 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for July were 6,773 views, 64 map directions and 53 calls.

Service day / newsletter folding at the office last month again had 1 lonely, dedicated attendee. Service Day is being held Tuesday the 27th this month. We'll supply the coffee and donuts. We will be sending out an email reminder for those who have volunteered to help at the office.

Please continue to encourage members to subscribe and/or renew subscriptions to the No Booze News. Not to brag but it is one of the best newsletters of this type available and is also our best tool for keeping our local members informed and connected.

The 12 step list is in need of people willing to provide the hand of A.A. for those trying to get sober. Please take some Gratitude with Service forms back to your Home Group and encourage members to sign up for this or any service positions. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W. Central Office Manager East Valley Intergroup

## **EVI CENTRAL OFFICE ACTIVITY**

	Aug	2016
Meeting Information Calls	146	1,203
General Information	95	700
Referred to Salt River Intergro	oup 8	65
Referred to Al-Anon	11	81
Referred to Community Info	0	12
12th Step Calls	10	82
Business Calls	93	766
Office Visitors	142	1071
Meeting lists printed	800	6600
Info request via E-mail	42	336
Desk Volunteers-Reg/Sub/No	ne	31/6/2
Desk Volunteers-Reg HRS YTI	D	1500 hrs

#### Web Stats

Website Visits last 30 days 24,832 YTD 189,756

Google Searches last 30 days 6,773

# **Meeting List Updates...**

#### New Meetings:

Sip of Life 749 W 2nd St. Mesa MO G,O 6:30p BB Bookworms 11002 S 48th St. Ahwatukee MO-TH 6:30a BB,O Grateful Girlfriends 20913 E Ocotillo Rd. Queen Creek TH 7:00p C,W

#### Changes:

Maricopa 12 X 12 Has Moved To: 45295 W Honeycut Ave. Maricopa Putting God First Has Moved To: Bldg B 2540 W Baseline, Mesa

#### **Deletions:**

Road To Recovery 5640 E Main St. Mesa Canceled TH 6:45

East Valley Intergroup 1320 E. Broadway Rd. # 105 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer PO Box 21612 Mesa, AZ 85277

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

# Example of Group Contributions to A.A.

#### **Service Entities**

Distribution of funds from groups that support four service entities 10% to District 10% to Area

30% to GSO 50% to Intergroup



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District 08-818 PO Box 12044 Tempe, AZ 85284

# **GROUP CONTRIBUTIONS**



GROUP	Aug	YTD
11th Step Candlelight		
12 X 12 @ 12		
2121 Beginner Workshop		
24 Hours A Day		
A Vision For You Group		
ABC Group		\$0.00
AHA! It's Monday	\$100.00	\$150.00
Ahwatukee Daybreak Serenity		
Ahwatukee Group		
Ahwatukee Nooners		
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
ASCYPAA		
As You Wake Up		
Attitude Adjustment CG Attitude of Gratitude		
Basic II		
Before Breakfast Group		
Bloopers		
Bootstrap Men's		
Breakfast Club		•
Busted Ego		
By The Book		\$334.64
Chandler Men's Stag Group		
Chandler Noon Group	\$88.66	\$734.08
Chandler Women's Big Book Grou	q	\$541.75
Cold Coffee Group		\$100.00
Common Solution		
Copper Basin Group		
Courage To Change		
Daily Reflections Group		
Day At A Timers		
East Valley Men's Stag		
Easy Does It Group  Experience, Strength and Hope		
Eye Opener Group		
Family Recovery Group		
Feelings & Solutions		
Firehouse Meeting		
Friday Night Big Book Study		
Friends Of Bill W		
Get It Together	\$941.96	\$3,091.80
Gilbert Gals		\$210.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		
Good Ol' Back to Basics	·	·
Grateful Dames		
Gratitude Group		
Gut Level		
Happy Hour @ Sunbird		
Heard It Thru The Grapevine		
Into Action Inwardly Reorganized		
Keep It Simple		
Keepin It Real Ladies		
Life In The Big Book		
Maricopa 12 X 12		
Maricopa Group		
Mesa Group		
=		\$80.00
ma-morning oroup		
Morning After Group		\$19.00
Morning After Group		\$700.00
Morning After Group  Name In The Hat  New Beginnings  New Hope Group	\$10.00	\$700.00 \$400.00 \$400.00 \$80.00
Morning After Group  Name In The Hat  New Beginnings  New Hope Group  New Spirit Group	\$10.00	\$700.00 \$400.00 \$80.00 \$675.00
Morning After Group  Name In The Hat  New Beginnings  New Hope Group  New Spirit Group  No Name AA Group	\$10.00	\$700.00 \$400.00 \$80.00 \$675.00 \$50.00
Morning After Group  Name In The Hat  New Beginnings  New Hope Group  New Spirit Group  No Name AA Group  Not A Glum Lot	\$10.00	\$700.00 \$400.00 \$80.00 \$675.00 \$50.00 \$65.00
Morning After Group  Name In The Hat  New Beginnings  New Hope Group  New Spirit Group  No Name AA Group	\$10.00	\$700.00 \$400.00 \$80.00 \$675.00 \$50.00 \$65.00

GROUP	<u>Aug</u>	<u>YTD</u>
Pioneer Group	\$100.00	\$194.20
Playground Solutions Group		\$0.00
Price Is Right		
Primary Purpose BB Study		
Primary Purpose Group		
Prime Time		
Progress Rather Than Perfection		
Puttin' Sober East		
Putting God First		
Queen Creek BB Study Group		
Re-Awakening Group		
Remember When		
Renewed Spirit		
Right Place Women's		\$0.00
Rising Spirit		
Road To Recovery	\$969.55	\$3,650.55
San Tan Group		
Second Chance Group		
Seniors In Sobriety-Tempe		
Serenity At Six		
Sisterhood Of Solutions		
Sobriety is Gold		
Sobriety Rocks		
Society Group		
Solutions Group		
Some Are Sicker Than Others		
Southeast Valley Stag		\$0.00
Spirited Women		\$75.00
Step By Step Group		\$0.00
Stepping Stones	\$115.00	\$525.00
Sunday Morning Reflections		
Sunday Morning Women		
Sunday Night BB Step Study		
Sunland Serenity Seekers		
Sunset Group		
Tempe Group		
Tempe High Noon		
Tempe Nooners		
Tempe Sunrisers		
The Kick		-
The Library		•
The Real Thing		
The Way Out Group		
This Simple Program		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		
Twelvers (disbanded)		
We Ain't Dead Yet		\$97.50
We Agnostics		\$60.00
We Can Group		\$0.00
Wednesday Night Step		\$170.00
Wednesday Night Winners		\$0.00
West Chandler Men's	\$40.00	\$65.00
Who's Driving Your Bus?		
Wolf Pack Group		
Women in Gratitude		
Women in Solution		\$0.00
Women in Touch		\$0.00
*Anonymous Groups		
OTHER GROUPS/COMMITTEE		
Apache Lake Campout		\$0.00
SWACYPAA		
AZ AA Womens Conference		
Dist 08-820		
Mesa Round Up		
_		
Group Totals		
EVI Committees		
Individual Contributions		
GRAND TOTALS \$		\$35,696.80

**Financial Statements** Page 9

## **BALANCE SHEET** August 31, 2016

# **PROFIT & LOSS STATEMENT** August 2016

#### Assets

Current Assets

Checking 4,799.12 Prudent Reserve (Savings) 20,545.40 Accounts Receivable 4.40 Inventory Asset 20,474.33 Undeposited Funds 0.00

Fixed Assets

Cash On Hand 50.00 Office Equip/Furnishings 22,538.00 Depreciation (-22,538.00)

Total Assets \$45,873.25

### Liabilities & Equity

Liabilities

Accounts Payable -7.00 Visa Credit Card 1,432.70 Payroll taxes 156.88

Total Liabilities \$1.582.58

Equity

Opening Balance Equity 43,778.94 Retained Earnings -537.28 Net Income 1,049.01

Total Equity \$44,290.67 Total Liability & Equity \$45,873.25

31 Group contributions totaling 3 Individual contributions totaling Intergroup Business Meeting & Service Committee's 7th Tradition	\$4,894.65 \$397.00
Service Committee's 7th Tradition	\$117.60
Total Contributions	\$5,409.25
Total Income	\$10,771.54
Less total Cost Of Sales	\$3,172.35
Gross Profit	\$7,599.19

Less total Expenses of \$5,996.65

Net Aug. Profit \$1,602.54

YTD 2016 Profit \$1,105.39

The current Prudent Reserve balance is \$20,545.40 The Prudent Reserve has been established for 2016 in the amount of \$26,804.32

Please call me with any questions or comments regarding the financial statements.

Yours in service, Ed B. EVI Treasurer

"Alcoholics Anonymous does not work in theory -- It only works in practice!"



Step Ten~ Continued to take personal inventory and when we were wrong promptly admitted it.

<u>Tradition Ten</u>~ Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept Ten~ Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

#### **East Valley Intergroup Business Meeting Minutes**

September 16, 2016

Meeting Opened by Gordon about 7pm-ish with Moment of Silence followed by Serenity Prayer

12 Traditions - Ed.

INTRODUCTIONS: Your attendance and participation is appreciated and visitors are always welcome!

**Intergroup Representatives:** (New Reps are in **BOLD**)

Rep	Group
Don B	Awhatukee Group
Jamie W	Bloopers
Charlie	Bootstrap Men's
Bev M	Breakfast Club
Dorian	Breakfast Club Alternate
Katy	By The Book Alternate
Sam N	Eastside Men's Group
Larry C	East Valley Men's Stag
Pam	Easy Does It
Denis W	Friends of Bill
Deana	Life in The Big Book

Rep	Group
Peg	Not a Glum Lot
Lonnie	Page A Day
Anne	Price is Right
Lee	Prime Time
Cassie	Prime Time Alternate
Jeremy V	Road To Recovery
Leslea	Serenity Sisters
Brandon	Sip of Life
Beth Ann	Sisterhood of Solutions
Lauren K	SNBBSS
Peg	Spirited Women

Rep	Group
Kim	Step By Step
Dave K	Sunset Group
Jeff B	Tuesday Trudgers
Jack B	Tumbleweeds
Jim M	We Aint Dead Yet
Beth H	We Agnostics
Jeff P	Welcome Home Alternate
Jeff B	Who's Driving Your Bus
John	Wolfpack
Regina S	Women in Gratitude
Shirley L	Women in Touch

#### Committee and other Trusted Servants: (N/P = Not Present)

Name	Service Position
Gordon R	Chair
Tom N	Vice Chair
Ed	Treasurer
Regan	Secretary
Zach	Advisor - Unity
Barbara	Advisor Phones
Mark	Advisor PICPC

Name	Service Position
Brad N/P	Advisor – Special Events
Kim	Office Manager
Larry	Unity Chair
Mike	PICPC Chair
Andrea	Special Events Chair
Bev	No Booze News Editor
Tamara N/P	Phone Chair

Name	Service Position
Roxanne	H&I Liaison
Marge N/P	Spanish Liaison
Aaron N/P	DCM 08-818
Paul T	DCM 08-819
Jeff N/P	Alt DCM 08-820
Lonnie N/P	DCMC 08

Secretary's Report: Regan G. –Thank you to Roxanne for taking minutes last month. Will be out of the country during the October meeting. Tom N agreed to take/or arrange for the minutes to be taken in my absence. Previous SC and IGR Minutes in Packet - Motion to Accept by Dennis, 2<sup>nd</sup> by Ken – Motion Carries.

Treasurer's Report: Ed - Written Report in Packet - Motion to Accept by 2nd by Deb, Motion Carried

7<sup>th</sup> Tradition: \$84.60

Chairperson's Report: Gordon R- Chaired Steering Committee and Intergroup meetings.

Vice Chair's Report: Tom N. – Written Report in Packet.

Office Managers Report: Kim W. – Written Report in Packet.

### STANDING COMMITTEE REPORTS

PICPC - Mike - Written Report in Packet.

Special Events: Andrea – Meet at 5:30 right here before Intergroup Meeting. We had generous fellowship members donate all the raffle prizes – 50/50 winner donated the money back to the EVI. Day of service is coming up on 10/22. Need a volunteer group to handle trash for the day. Also passing around Thanksgiving Alcothon sign-up sheet. 4 hour time slots – there are only 12 slots so sign up before they are all gone! Working on selecting the final location. We will have flyer soon! Monthly speaker meeting for January 2017 is available. Committee would love support! Meets at 6:00 3<sup>rd</sup> Friday of each month. Also need someone to host Sponsorship Workshop on Day of Service.

**Phone Committee: Tamara L.** – Not Present – Barbara gave report. Calendar is full. Transfer of responsibilities to the new phone committee chair is in progress.

**Unity Committee:** Larry S. – Committee meets here at 6:15 – purpose is to invite groups to come and participate. We had 3 members tonight. Attended 4 meetings this month. Anyone who is willing can get a list and hit some groups and give them an invite card! Also, groups that requested intergroup officers to visit their groups, we officer are working through the list!

**Sponsorship Workshop**: **Mary** – Last meeting was the weekend of Labor Day and Mary sort of forgot. Amends given and she is willing to come back to that group. Next one is November 2<sup>nd</sup> at East Valley Men's group. Also has a couple members interested in stepping up to fill the Sponsorship workshop Chair position.

**Newsletter Editor – Bev W. –** No Booze News (NBN) is available on the aamesaaz.org website! Thanks to everyone who has submitted articles!!! We are always looking for local articles, stories, jokes, and group history's, etc. from members for the No Booze New. Please call or email Bev! Get a subscription for just \$12 per year and have it delivered to your door!

#### LIASION REPORTS

**Alanon Liaison**: Lee – for Alanon Convention to be held on July 14 – 16 2017 at Sheraton Crescent Hotel. Family Recovery Night is on Sept 24<sup>th</sup> at St Peter's Lutheran in Mesa at 5pm. Saturday 9/17 is Art of Recovery Expo. Alanon Business Meeting is day before the Family Recovery Night.

H&I Liaison: Roxanne – Report at <a href="www.vwhi.org">www.vwhi.org</a>. The H&I Awareness Day will be November 12th, at the Rio Vista Community Park in Peoria. Tickets will be available at next month's meeting, they will also be available online for purchase. The laptop purchased by H&I, is now being utilized by the Secretary. The Proposed By-Laws, for H&I, were presented. Copies were provided for the Reps to take back to their home groups. We will be voting on them next month. The Treasurer provided a verbal report and a ledger of group contributions. He reported, "We are doing really well." Aurora in Tempe is looking for another meeting, please call Aaron B. Men are still needed to carry the message into MCSO's 4th Avenue Jail, in Downtown Phoenix. The Spanish Intergroup's next Day in The Park is October 2nd, at 43rd Avenue and Encanto. It literally starts at 6am with Menudo. There will be a soccer tournament later in the day, food, and other activities. The Spanish Intergroup is having their Spanish H&I Event November 20th, at 2pm, @ 3530 North 32nd Street, Phoenix, 85018. Please don't hesitate to call me with a questions or concerns. Gratefully yours, in Service, Roxanne

Spanish Liaison - Marge - Not Present but report in packet!

Sub District 08-818: Aaron. - Not Present - Committee Meets 2nd Tues at Bloopers at 7pm.

Sub District 08-819: Paul -. Oct 15<sup>th</sup> Eatin Greetin Meetin at 1<sup>st</sup> Christian Church 805 N. Country Club at 4pm. Pulled Pork and Loaded Baked Potato salad. Speaker and Panel. Hosted by Easy Does It. 50/50 Raffle. Pot Luck - Main dish provided, bring sides!

Sub District 08-820: Jeff -Not Present -Committee Meets 1st Monday of each month.

#### **OLD BUSINESS**

Elections coming up in December for 4 positions: Chairperson, Treasurer, Advisor to Special Events and Advisor to Unity Committee. If interested in serving or nominating someone, submit a nomination form to EVI.

#### **NEW BUSINESS:**

Review 2017 Budget – Discussion. Questions about Phone and Internet. Ed will be happy to visit your home group to give a budget/finance presentation. Budget To be voted on in November

ANNOUNCEMENTS: Sunset Group is hosting the next EVI Speaker Meeting on the 1st Friday of the month!

October 22 Sub Dist. 820 holding Quarterly Pot Lock at Christ Lutheran Church in AJ at 5:30

Mesa Alano 40th Anniversary Party tomorrow – Food Chili Cook-off at 11:00

Mesa Round up Halloween Dance on Oct 29 at LDS Church

GIT Oct  $9^{\text{th}}$  Annual Fall Picnic at Desert Breeze 10am to 5pm.

AA Sip of Life meeting Monday at 6:30 would like support.

Easy Does It 36th Anniversary on Sept 24th 10am to 5pm at Easy Does It. Speaker Meetings, 50/50 Games, Food \$3 to attend.

Trail to Serenity Nov 4, 5, 6 Free!! \$15 per car for camping. \$25 meal tickets 2 breakfast and dinner on Sat!

Group Problems & Solutions: No Problems, No solutions!

Motion to close made by somebody and 2nd seconded by everybody. Motion Carried.

Close Meeting: 8:15ish Statement of Responsibility and Lord's Prayer

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<u> </u>	Thank goodness for Halloween, all of a sudden, cobwebs in my house are decorations!	
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I'm Not Wr--! Page 12

Step 10 - Continued to take personal inventory and when we were wrong promptly admitted it.

If it weren't for working the Steps on a daily basis, I don't think I could live life on life's terms. The one Step that has made a dramatic impact on my life is Step Ten. I am one of those alcoholics who has a hard time admitting that she is wr--. I even have trouble saying or typing the word. I know I'm not alone. Anyway, I used to hate this Step.

I had a particularly bad relationship with my older daughter. We screamed at each other a lot. I kept doing or saying mean, hateful things. Then I'd talk to my sponsor and snivel and whine about making amends. I hated to make amends to that kid. I'd rather scrub toilets with a toothbrush than make amends to her. When I did, she'd look at me with that MTV look (the one that says "If I cared at all, I'd hate you") and say, "It's about time." She was nasty and hateful and mean and spiteful. *Quack, quack, quack.* 

I'd try to justify my behavior to my sponsor, so I wouldn't have to make amends. One day, my sponsor suggested that if I hated making amends so much, maybe I could try not to do the things I had to make amends for--i.e., why didn't I change my behavior? What a concept! She suggested that I practice restraint of tongue and pen.

I took my sponsor's suggestions. I worked really hard at changing my behavior. I knew it wouldn't change anything because my daughter was still mean, hateful, and spiteful, but at least I wouldn't have to make amends to her.

Well, as you've probably guessed, a remarkable thing occurred: not only did I not have to make amends, but she became less mean, less spiteful, less hateful. In fact, she started being nice. It even occurred to me that maybe it wasn't all her fault that we didn't get along. Whoa, Nelly!

Today, my daughter and I have a wonderful relationship. She talks to me about her life, her loves, her problems. I owe this relationship to the Tenth Step. If I hadn't hated making amends so much, I might not have been willing to change my behavior.

I have found similar results in all of my relationships. Over the years, I have tried to keep my behavior below amends level because I hate making amends. As a result, I act differently. And as a result of that, people respond differently. It's amazing.

-- Nancy H.

Lake Forest, California





# Please send us your stories, MAIL, EMAIL OR CALL IT IN!!



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity.

Bev W. THANKS!